# THERMAE SYLLA SPA WELLNESS HOTEL Thermal treatments & relaxation with a Mediterranean flair

1800sqm spa in a quiet location on the Mediterranean providing the perfect base for a relaxing thermal holiday. As a partner of "RomanThermal Spas of Europe", one of the best thermal baths in the world, Thermae understands its trade and leaves nothing to be desired with thermal wellness and spa treatments.



## **Your Holiday Destination**

The island of Euboea is Greece's second largest island and is located in the eastern Mediterranean. A variety of natural landscapes, gorgeous beaches and pleasant Mediterranean climate make the island a paradise for those seeking relaxation.

#### **Your Hotel**

The luxurious spa hotel Thermae Sylla Spa is located in the village of Edipsos on the northwest coast of the island, which is known for its 75 thermal springs and a 3000-year history as a spa resort. Restaurants and shops are about a 5-10 minute walk to the town.

## **How You Reside**

108 comfortable rooms and suites with bath and / or shower, WC, hair dryer, partly covered balcony, satellite TV, minibar, Wi-Fi, safe, coffee / tea making facilities, bathrobes, slippers, individually controlled air conditioning. Standard (about 20-25 m²) with views of the pool or the mountains; Executive (about 20-25 m²) with sea view; Junior Suites (35 m²)

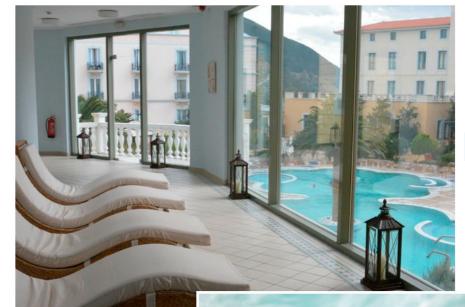
with pool or sea view; Executive Suites and a Presidential Suite (each ca. 45 m<sup>2</sup>). Single rooms are double rooms for single occupancy. Interconnecting rooms and disabled rooms are available on request.

#### **Dining and Leisure**

The main restaurant serves international cuisine. With half board, morning and afternoon buffet. With full board, à la carte dinner in one of the two à la carte restaurants with exclusive Greek cuisine (open year round) or fresh seafood by the sea (open between June-October). Vegetarian, as well as lactose and gluten free meals are also available. Diet menus are available for a fee, to be booked at the hotel. Two bars, including a cosy piano bar for coffee, cocktails and snacks, and a bar right on the sea with exotic cocktails, wines and homemade desserts. Mostly organic and local ingredients, some are home-grown. Olive oil from the hotel's own production.

## Wellness, Spa and Health

Edipsos Spa (about 1800 m², open daily 9a.m.- 8p.m.) with an indoor pool (ca.





**GREECE** 



30-32 ° C) with 100% thermal water from a 3000m deep spring, featuring a Jacuzzi, sauna, two steam baths and a thermal grotto. Doctor and German-speaking staff are present. There is a large selection of spa and wellness treatment professional care such as aromatherapy and balneotherapy, therapeutic mud treatments, massages, cosmetic and anti-aging treatments, physiotherapy treatments, mud baths, scrubs and body wraps. Nutritional counselling is also available as well as a gym and personal trainer (for a surcharge). Check with your health insurance for a cost contribution.

Enjoy the comforting thermal water and experience a healthy relaxing holiday by the sea.

#### Leisure

Outdoor swimming pool (ca. 28-30 m<sup>2</sup>) with 50% sea water and 50% thermal water of the hotel's own spring, sun loungers and parasols.

Horseback riding, hiking, cycling and diving nearby. Trips on request at the hotel.