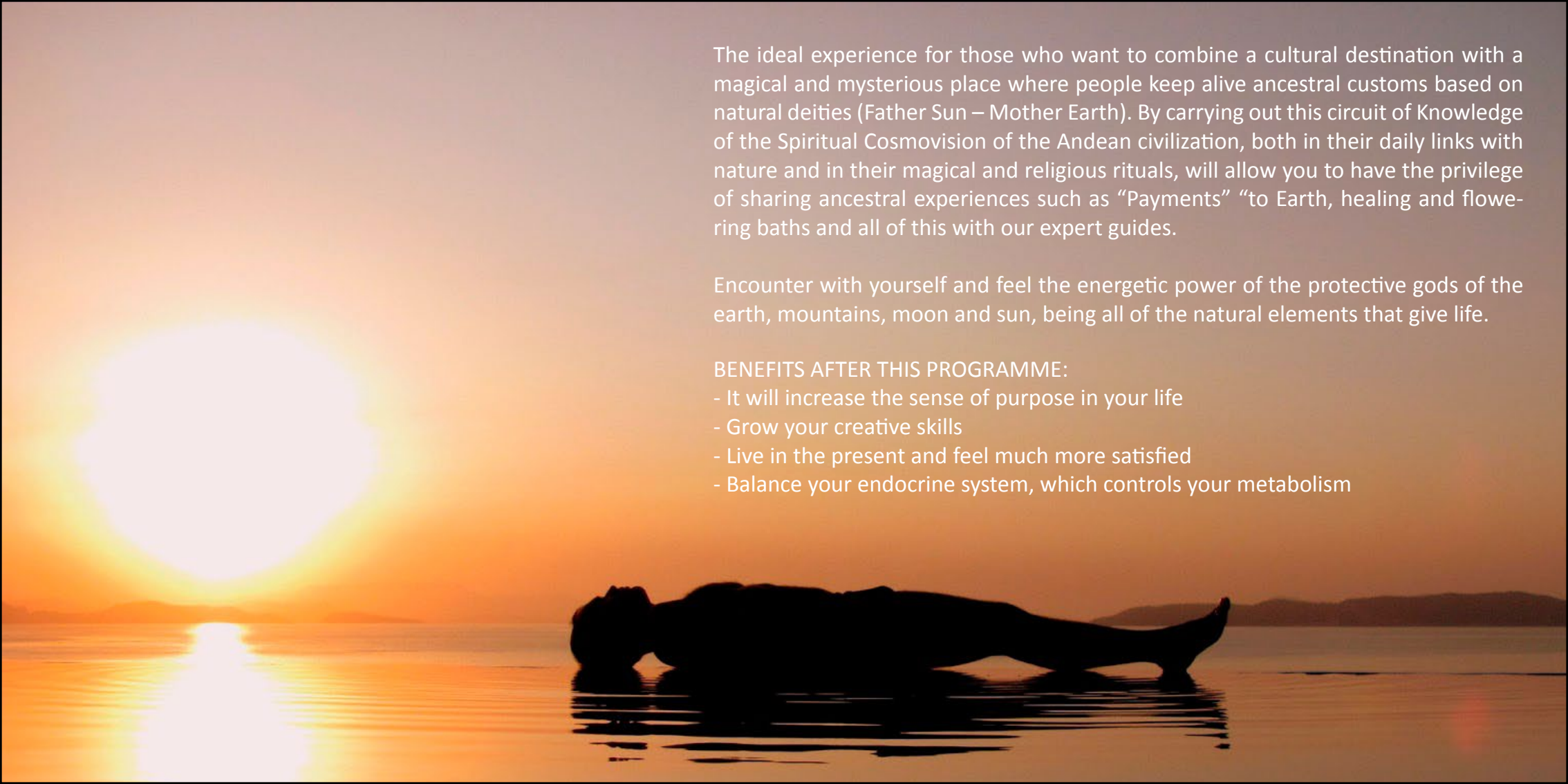




ANCIENT WISDOM OF THE INKAS
9 Days - 8 Nights



The ideal experience for those who want to combine a cultural destination with a magical and mysterious place where people keep alive ancestral customs based on natural deities (Father Sun – Mother Earth). By carrying out this circuit of Knowledge of the Spiritual Cosmovision of the Andean civilization, both in their daily links with nature and in their magical and religious rituals, will allow you to have the privilege of sharing ancestral experiences such as “Payments” “to Earth, healing and flowering baths and all of this with our expert guides.

Encounter with yourself and feel the energetic power of the protective gods of the earth, mountains, moon and sun, being all of the natural elements that give life.

BENEFITS AFTER THIS PROGRAMME:

- It will increase the sense of purpose in your life
- Grow your creative skills
- Live in the present and feel much more satisfied
- Balance your endocrine system, which controls your metabolism



Day 1: Lima

An airport officer, properly identified, will be waiting for you with your name on a board. Once greeted, you will be informed about the city of Lima and give you the most important information about the capital of Peru. It's port is Callao, the city was founded on January 18, 1535, by Francisco Pizarro and is the second oldest capital in South America. As the center of the viceroyalty of Peru, it was the capital of the empire in the New World of Spain in the seventeenth and eighteenth centuries. It was named the City of Kings by Pizarro.

Rebuilt several times, Lima reflects the predominant architectural styles in several periods, although many of the streets are narrow and preserve a colonial atmosphere; the focal point of the life in the city is the central square, called the Plaza de las Armas. Lima has a cool and uniform climate during the winter, it's subject to the light and heavy mists, being typical of the desert coast of southern Peru. It hardly ever rains. Not far from the city are the pre-Inca ruins of Pachacamac, an important archaeological site.

Arrival to the Second Home Peru. This majestic guesthouse with eight bedrooms is nestled conveniently in the heart of Barranco, Lima's art district. Once home to the Peruvian sculptor Victor Delfin, to enter the Second Home Peru is like entering an artist imaginative world, replete with its creative works.

Accommodation	: Second Home
Category	: Garden View
Altitude	: 144 m.a.s.l. / 472 ft.
Average Temperature	: 22°C / 72°F



Day 2: Lima Pachacamac a great center of pilgrimage.

Morning visit to the great oracle of Pachacamac, an imposing sanctuary built about 1800 years ago and adored by different cultures to the last days of the Inca heyday. According to many archaeologists and historians, the Sanctuary hosted the most important deity of the coast of Peru, a great center of pilgrimage. Start a walking tour of the most important sectors of this great shrine. Among the places to visit, highlighting the pyramid-shaped temples, stairs and ramps which lead to the top of the sanctuary, where you can have a beautiful view of the Lurin valley and the Pacific Ocean. Then you'll go to the Sun Temple, built in four trapezoidal platforms, which form a truncated pyramid.

This temple is attributed to the time when the Incas expanded along the coast, as you can clearly notice the Andean style in its architecture. Here also you can see the huge square of the pilgrims and the beautiful grounds of the Aclllas or a place for the chosen women dedicated to the service of the temples and the preparation of tissues for the nobility. Finally you will visit the museum site of Pachacamac, which exhibits in its main hall remains of the artistic expressions of the various occupants of Pachacamac, such as ceramics, textiles and beautiful carving, which is believed to represent the divine image of the god Pachacamac.



Lunch in Barranco, enjoy an amazing view of the Pacific Ocean at Barranco district, a former beach resort, where Lima’s aristocracy gathered at the start of the 20th century. It’s the main bohemian neighborhood in Lima, with cozy mansions and corners that offer musical and cultural shows, as well as clubs, pubs and cafés.

Afternoon alignment of chakras

This technique allows the restoration of the free flow of energy through the 7 main centers or chakras and the secondary centers of the body, as well as the balance of their polarities. With this technique the equilibrium and the integral well-being of the person is restored, by removing the energetic blocks that prevent him from progressing in life; closing leaks of energy in the aural field that bring as a consequence fatigue, discouragement, and depressive states; opening the center of the heart, to release sorrows, and open up to forgiveness and love; it frees the mind of the tendency to create negative and limiting states and connects with the energy of the Earth to feel happily embodied.

Activity of the Day	: Pachacamac & Barranco Tour (Private Tour – 7 hours) - Alignment of Chakras Session
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Accommodation	: Second Home
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Category	: Garden View
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Meals	: Breakfast- Lunch
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Altitude	: 144 m.a.s.l. / 472 ft.
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Average Temperature	: 22°C / 72°F
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Day 3: Lima - Cusco - Sacred Valley of the Incas

Flight Lima- Cusco- 1 hour 15 min

You will be transferred to the airport to board your flight to Cusco. Fly over the Andes Mountains to Cusco, the heart of the Inca Empire. If you seat on the left side of the plane, you'll be able to see the Salcantay beautiful mountain. Upon arrival, transfer to Willka T'ika located in one of the most energetically charged places on Earth, serving the spiritual and cultural needs of all guests seeking an authentic mind, body, and spiritual experience. It's peaceful energy and mystical surroundings are sure to refresh and revitalize.

Nearby ancient Inka ruins, ceremonial sites, temples and an abundance of cultural activities beckon. For hikers, winding rivers, charming villages and high mountain meadows where herds of llama and alpaca graze await exploration. It includes gourmet vegetarian cuisine, authentic Andean ceremonies; enjoy Chakra Gardens and use of Yoga studios.

Afternoon, a mother earth ceremony will take place, an ancestral "Pay the Earth" mystical custom of indigenous Andean cultures, led by a "Shaman". The ceremony involves making an offering of a small amount of native Andean cereals, grains and fruits, together with the coca leaf. The ceremony invokes the Apus, spirits of the sacred mountains and the four elements. The three levels of life (Hanan Pacha) the world above, (Kay Pacha) this world and (Ukhu Pacha) the underworld, represented by the components of the offering, and a ritual toast (challa) of Chicha de Jora (native corn beer). The service ends with the ritual burning of the offerings so these, as the belief goes, go back to where they came from, into the sky, while the remaining ashes are buried under the ground to complete the cycle.

Activity of the Day	: Ancient Wisdom ceremony & Blessing to The Pachamama (Private Tour – 3.5 hours)
Accommodation	: Willka Tika
Category	: Garden
Meals	: Breakfast- Dinner
Altitude	: 2,800 m.a.s.l. / 9,187 ft.
Average Temperature	: 16°C / 61°F



Day 4: Ollantaytambo – Pisac Archaeological site market.

Morning visit to the town of Ollantaytambo, which has a distinct Inca urban planning. You will then visit the religious, astronomical and military complex with the same name. Ancient Peruvians moved boulders of nearly 60 metric tons from one mountain to another across the river and valley.

Next, you'll head east, towards the archaeological complex of Pisac. You will be able to appreciate the magnificent Andean terraces, which were built to expand agriculture land, containment terraces and paths. Then you will proceed to the artisan market of Pisac, where you will have the opportunity to interact with local people and appreciate their craftsmanship.

Arrival to the hotel and enjoy your Andean massage Therapy.

Activity of the Day	: Archaeological complex of Pisac & Ollantaytambo (Private Tour – 5 hours) Massage Therapy (1 hour)
Meals	: Breakfast – Lunch- Dinner
Accommodation	: Willka Tika
Category	: Garden
Altitude	: 2,800 m.a.s.l. / 9,187 ft.
Average Temperature	: 16°C / 61°F





Day 5: Sacred Valley - Machu Picchu “The Cristal City”

Train Ollantaytambo- Machu Picchu - 2 hours - 10.32- 12.11

After breakfast, you will be transferred to the train station to board the First Class Train to Machu Picchu, a great World Heritage Site. This archaeological site was hidden for centuries, until it came to light during the early 1900s, by the famous discoverer Hiram Bingham. It is impossible to describe in words, how you will feel when faced with the citadel, a huge complex located between the mountains and the jungle, it’s a wonderful challenge for your imagination. Upon arrival at Machu Picchu Village, reception at the train station and transfer to your hotel. Afternoon, visit to Machu Picchu Sanctuary (approximately 30 minutes in shuttle bus). On arrival to Machu Picchu you will begin your tour of the Citadel where you will appreciate the history of this enigmatic and impressive place. The citadel was built on a very special spot covered in vegetation between two mountains: the Machu Picchu (old mountain) and Huayna Picchu (young mountain), at the foot of which meanders the Urubamba or Vilcanota River (lower Jungle featuring abundant flora and fauna). Overnight.

Activity of the Day	: Tour of Machu Picchu (Private tour- 3 hours)
Meals	: Breakfast – Dinner
Accommodation	: Rupa Wasi Hotel
Category	: Standard
Altitude	: 1,900 m.a.s.l. / 6,233 ft.
Average Temperature	: 20°C / 68°F



Day 6: Machu Picchu - Cusco

Train Aguas Calientes – Poroy - 3 hours- 15.20- 19.05

Early in the morning, you will have a second visit by your own this time to walk towards the Sun Gate “IntiPunku” , feeling the energy with the warm and rising light of the day, then in the afternoon return by train to Cusco. On arrival you will be met and transferred to your hotel. Overnight.

Activity of the Day	: Machu Picchu second visit (Private tour- 3 hours)
Accommodation	: Antigua San Blas
Category	: Standard
Meals	: Breakfast
Altitude	: 3,399 m.a.s.l. / 11,152 ft.
Average Temperature	: 16°C / 61°F



Day 7: Cusco Temple of the Moon- Temple of the Sun

Visit the Moon temple, it's a sacred place dedicated to Mother Killa or Luna and also to Uhupacha or the world of the subsoil. During the Inca apogee, all kinds of offerings ceremonies were performed, especially during full moon and new moon night. It's a sacred place of meditation and relaxation, of connection with the universe and the cosmos, ancestrally used, today sensitive people can feel and capture the energies present around the temple, the only echo of lying on the big rock It's relaxing.

Sacsayhuamán, this huge Incan fortress is built on three overlapping platforms, each one of them is over 360 meters long. Afterwards, you'll start to make your way down to Cusco to continue with a visit to the Convent of Santo Domingo, a Spanish construction belonging to the Dominican Order, it was built upon the foundations of the Inca temple of Koricancha or Temple of the Sun. Koricancha (in Quechua means site of gold) was the main religious building of the Incas, dedicated to the worship of the Sun and whose walls, according to the chroniclers, were plated with sheets of gold. Magnificent blocks of finely carved stone were used in its construction.

Activity of the Day	: Temple of the Moon & Sun (Private Tour- 2 hours) Sacsayhuaman Fortress- (Private tour- 1 hour)
Accommodation	: Antigua San Blas
Category	: Standard
Meals	: Breakfast
Altitude	: 3,399 m.a.s.l. / 11,152 ft.
Average Temperature	: 16°C / 61°F





Day 8: Cusco Temple of the Water

Morning visit to Tipón, a town located about 23 km southeast of Cusco at an altitude of 3560 meters above sea level, located in the Oropesa District, province of Quispicanchis, it was a major shrine where tribute was rendered to the water with care and reverence that the Incas treated this element. The respect for the natural environment and the technology used to mobilize the spring waters are a model of hydraulic engineering that serve man and nature.

Beautiful dwellings and gardens lifted by a base made of megalithic rock blocks constituting the Royal House that Huiracocha ordered to be built as a resting place for his father Yahuar Huaca. Special Farewell dinner.

Activity of the Day	: Temple of the Water- Tipón (Private 3.5 hours)
Accommodation	: Antigua San Blas Hotel
Accommodation	: Standard
Meals	: Breakfast
Altitude	: 3,399 m.a.s.l. / 11,152 ft.
Average Temperature	: 16°C / 61°F

Day 9: Cusco - Lima - international connection flight

Flight Cusco- Lima

At a coordinated time, you will be transferred to the airport to board your international flight back home.

Meals	: Breakfast
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